



F.R.T.S.

FIRE / RESCUE / TRAINING SPECIALISTS



NOEL CASEY



Profile:

Noel Casey spent over thirty years working with Cork City Fire Brigade where he gained extensive experience in the area of training. He aided in organising National Emergency training courses for the department of the Fire Services Council. Under Noels guidance the Cork City Fire Brigade successfully trained their new recruits in Cork, recruits had previously trained in England. Noel was also one of four fire fighters selected to represent Ireland as part of a Major European Disaster Planning Exercise in Amsterdam. While employed by Cork City Fire Brigade, Noel undertook many training courses to become an instructor in; Confined Space training, Emergency Response Training, Hazardous Responce, etc. Noel began training in Industry including chemical plants in 1990 and gained extensive knowledge of Emergency Response Management, preparation and training suitable to industry. In 2008, Noel became a FAS/FETAC Level 6 Instructor. In January 2009 F.R.T.S. safety training company was established and has continued to provide a high quality service to clients under Noel's management.

Training Courses offered by F.R.T.S.

Confined Space Entry

Line Rescue

Harness Training

Working from Height

Rescue / Stretcher Rescue

Crisis Management Skills

Fire Behaviour

Fire Warden

Extinguishers

Command & Control for Site Leaders

Ship Fire Fighting

ERT on Site/off Site

Occupational First Aid

Chemical Spill Response

Search and Rescue skills

Hazardous Materials

Emergency Site Risk Assessment

Breathing Apparatus

BA maintainance

Team Building

Deputy Leaders

FAS C1 C2 C3 (Approved FETAC Instructor)

Emergency Planning

Fire Tender Driving

MWEP

F.R.T.S can provide Safety Officers on site

All Training Courses are Site Specific

All courses tailored to clients needs



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Telephone: 087 4133653
Website: www.frts.ie
Email: info@frts.ie

List Of Qualifications

- | | | | |
|---------|---|------|---|
| 1971 | Joined Cork Fire Dept, | 2001 | Qualified Instructor; Line Rescue & confined space |
| 1972 | Fire Dept Ambulance | 2001 | Course Director; Training 20 recruit Fire Fighters for Fire Dept in Breathing Apparatus |
| 1982 | B/A Wearers Course, Wexford | 2001 | Instructor; Sector Command, West Yorkshire, U.K. |
| 1985-95 | Instructor, on Marine Fire Fighting for Fire Dept | 2001 | Instructor; Line rescue course, training National fire-fighters. |
| 1988 | Qualified; Physicak fitness & Gym Instructor | 2001 | Fire Services Council; Fire Behaviour Instructors Course, Sligo. Only 15 Instructors in Ireland. Most up to date Instructors course in Europe, for Fire fighting. |
| 1989 | Appointed Physical fitness Instructor, for recruits. | 2002 | Course Director / Instructor; Training National Fire Brigade Officers, Line Rescue, Confined Space, Height Rescue and Stretcher Rescue, B.A Techniques |
| 1989 | Appointed Swimming Instructor, For Recruits | 2002 | Seminar in Cork; Major Emergency Planning + Exercise. |
| 1990 | Qualified in B/A maintenance | 2002 | Responsible for training Gardai on Chemical Safety |
| 1992 | Represented Ireland; Major International Emergency Exercise, Amsterdam, Holland | 2002 | Course Director / Instructor for the Fire Services Council Line Rescue & Confined Space Instructors Course, Newbridge, Co Kildare. |
| 1992 | Manual handling course. | 2002 | Fire Services Council; B/A refresher course, O. B. I Dublin Fire Dept. |
| 1995 | Instructor; Ships fire fighting, Dublin. | 2002 | Qualified; Stretcher rescue Instructor, Achill Island. |
| 1992 | Instructor; Command & Control for fire Officers | 2002 | Senior Officer, Responsible for training and Developing recruits, Cork Fire Dept. |
| 1996 | Qualified; Instructor / Examiner, Bronto Skylift | 2003 | Selection Officer; Testing applicants for the Fire Service. |
| 1997 | Qualified; B/A Instructor, two weeks, Clonmel. | 2003 | Senior Management Skills Course, Cork. |
| 1997 | Instructor. Hazard-Materials | 2003 | Course Director; Training recruits, four months; October, November, December 2003, and January 2004 |
| 1998 | Crew Command, three weeks, Washington Hall, U.K. | 2004 | Course Director / Instructor; Training Recruits, Line Rescue, Height Rescue/ confined Space rescue |
| 1998 | Certificate; Health & Safety, Washington Hall. U.K. | 2004 | Course Director/Instructor; Training recruits Road Traffic Accident. Clonmel |
| 1998 | Instructor; B/A & Road Traffic Accident. Clonmel. | 2004 | Course Director / Instructor; Training recruits in Clonmel for HAZ - MAT & Chemical Safety |
| 1999 | Instructor for Fire Services Council Road Traffic Accident Instructors course, two weeks, | 2004 | Prepared and trained 15 recruits for the INSTITUTE of FIRE ENGINEERS examinations, with the Cork City Fire Dept. [all applicants were successful] |
| 1999 | Stress Management Course, Cork. | 2004 | Course Director; Consolidation Training; for recruits, two weeks passing out parade at the end of above training |
| 1999 | Instructor; Testing applicants for Cork Fire Dept. | 2004 | Senior Breathing Apparatus Instructor for recruits Cork Fire Brigade |
| 2000 | Recruit Instructor; Training recruits Fire-fighters for Cork Fire Brigade. | 2004 | Department of the Environment Instructor; responsible for all Fire Services in Ireland. |
| 2000 | Submitted a programme on Physical fitness, for all Officers & Fire Fighters in Ireland, to the Dept. | 2008 | Certified FAS & FETAC Confined Space Instructors Course |
| 2000 | Completed a Line Rescue Course, then selected out of 130 personnel, to become a Line Rescue Instructor, for Cork Fire Dept. | | |
| 2000 | Instructor; Second B/A & Road Traffic Accident course. | | |
| 2000 | Instructor; Testing applicants, for Cork Fire Dept. | | |
| 2000 | Instructor; Training Fire Officers, RTA, Clonmel. | | |
| 2000 | Promoted to Station Officer. | | |
| 2000 | Senior Officer Cork Fire dept. Responsible for training Fire Officers in Breathing Apparatus | | |
| 2001 | Course Director; Training 20 recruit fire-fighters. 4 Months | | |
| 2001 | Course Director; Training Fire Officers, RTA Clonmel. | | |
| 2001 | Instructor; Second group of fire Officers, Clonmel. | | |

20 years experience training Industry
on all of the above



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Mission Statement

To continue to strive for excellence in all areas of Safety Training and to provide a cost effective service to our clients

Sectors Catered for

Pharmaceutical Sector
Manufacturing
Public Services
Educational Sector
Food Manufacture
Chemicals
Insurance Industry
Services Sector
Nursing Homes
Retail Sector
Marine
Construction



Current Client List

Pfizers Pharmaceuticals
Ivax Waterford
Lisheen Mine Tipperary
Eli Lilly
De Puy
Pfizer Bio
Cognis
Luftanza
Hertel
FAS
Rosary Hill Nursing Home
Janssen
Schering Plough Brinny
Henkel Ireland



Course Overviews

Confined Space Certified {One Day}

Presentation, Legislation & Practical exercise,
Written Examination



Confined Space with Breathing Apparatus Certified {Two Day}

Day One; Confined Space presentation, Legislation & Practical Exercise, Written Examination

Day Two; Understand, work, and wear Breathing Apparatus, Written Examination



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Confined Space Fas/Fetac

C1 C2 C3

Chemical Handling {One Day}

Understand the hazards when handling dangerous chemicals, Safety Zones, Approach, Control



Fire Awareness, Extinguisher Training {Half Day}

Understand fire behaviour, Confidence when using extinguishers, Which Extinguisher to use, Practical exercise outside



Fire Warden {One Day}

Presentation, Duties & Responsibilities of the fire warden. Legislation, Assembly points, Duties of the employer, Safe exits, Practical exercise



Evacuation Programme {Half Day}

Ireland's leading experts on evacuation, Nursing homes, Hospitals, Shopping centres etc.

First Aid {One Day / Three Day}

One day basic first aid, Three day occupational first aid

Line Rescue {Two Day}

Line rescue course, Lines, knots, Rescue from height, Stretcher rescue

Harness Training {Half Day}

Fitting testing and wearing a harness, Harness Stress

Pre Emergency Service Course {One Day}


Pre-Testing for the emergency service, all you need to know, course run by ex fire brigade training officer with 36 years in the fire service.



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Crisis Management {Half Day}

Management Teams who may be involved in emergency's



Fork Lift {One Day}

Certified Fork Lift Training



Manual Handling {Half Day}

Certified Manual Handling Training




Command & Control {One Day}

Team leaders & deputy leaders who may be involved in emergency incidents



Health & Safety {One Day}

All aspects of health & safety training given by experts




Emergency Response teams, ERT {One Day}

Aimed at companies with an emergency response team on site, covers all emergency's



Off Site ERT Training {One Day}

Emergency response team training in an official off site fire brigade training centre



Abrasive Wheels {Half Day}

Certified Abrasive Wheel training

Risk Assessment {One Day}

Company risk assessments carried out by professional risk assessors

Search & Rescue {One Day}

Aimed at emergency teams

"Get the best for your company"



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OFF SITE TRAINING

At FRTS we offer two choices for your off site training needs.

EMERGENCY RESPONSE TRAINING CENTRE

The newly constructed ERTC based in Cork City is the only city based Fire Training facility, specifically designed to train Emergency Response teams in to the advanced up to date standards required in an emergency situation.



CLONMEL TRAINING CENTRE

We also offer the Fire Centre at Clonmel Fire Station for our ERT programme. The training centre was extended and modernised in 2008 with a €2.6 million upgrade which has now made it the largest, safest & cleanest Fire training centre in the South of Ireland. Whilst oil fires can be used, most fires are propane and are totally controllable. Depending on the experience of the team and the task to be accomplished the temperature most suitable can be selected.

Each Centre has a number of entry points on different levels. Each entry point has a safety button which if pressed during an emergency situation will activate fans (to quickly clear smoke) and also turn on all lights to ensure safe egress from the building.

Both 1 day & 2 day courses can be run though it is my proposal to run a 2 day course. Group rates are available at the local hotels. Many teams have found that the overnight stay has served as a team building exercise and we find that this also allows participants to share their experiences of the day with each other & ourselves as instructors. However, the training centre is only 1 hrs drive away from the Jack Lynch Tunnel for those participants who might not wish to stay overnight.

The Following is an overview of training at both Fire Training Centres

Day 1

Registration, allocation of lockers and brief tour of centre.
Briefing on safety procedures to be followed in an emergency.

Exercise 1: Participants enter the training centre (which is in darkness) one at a time while wearing B.A. Instructions are given on how to exit the building. This exercise assesses each member individually both for claustrophobia and also their own personal determination to succeed.

Exercise 2: Participants are asked to rescue two persons who have been overcome by toxic vapour, within an over ground bulk storage tank.

Exercise 3: Participants are required to enter a safe underground tunnel network, which is filled with "safe" smoke while wearing B.A. to rescue an unknown number of casualties



Exercise 4: Participants are introduced to flammable & highly flammable liquids. They are shown the correct method to extinguish them using portable fire extinguishers. All members get to use the different types of extinguishers whilst dealing with small solvent fires within the building.

Exercise 5: Participants enter the fire house which has a small fire lighting and experience as a group this fire develop into a full flashover. Techniques to control the flashover are demonstrated along with branch control and other necessary procedures that must be followed in a hot fire situation.

This exercise is the participants' first introduction to hot fire. It allows them to watch without actually having to deal with the fire. It builds confidence, as most people want to control the branch in the following exercise using the knowledge learned during this demonstration.



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